

*One&Only*

LE SAINT GÉRAN

*Mauritius*

## **SHE'S BACK**

### **ONE&ONLY LE SAINT GÉRAN UNVEILS TRANSFORMED SPA**

#### **Mauritian Legend Reborn December 2017**

**26 October 2017-** The legendary One&Only Le Saint Géran in Mauritius will set new standards of ultra-luxury in the Indian Ocean when it is reborn and welcomes guests back on 1 December 2017, following a multimillion dollar transformation. One&Only has unveiled an advance preview of some of the resort's exciting wellness developments, including a new-look spa, exciting partners and treatment menu.

Long hailed as the legendary iconic luxury retreat in Mauritius, One&Only Le Saint Géran will retain what guests have always loved - a sense of exclusive seclusion on its own private peninsula with a beachfront and calm lagoon unlike any other resort on the island. However, the entire resort has been completely transformed, celebrating the destination and the authentic and genuine service that One&Only is known for.

The reimagined One&Only Spa now covers over 1,000 square metres and offers an incredible panorama overlooking the lap pool and lagoon, surrounded by serene water and lush vegetation as well as secluded outdoor gardens for blissful open-air therapy. Prior to, or post treatment, guests are invited to use the new heat facilities including a steam room and sauna, or relax on day beds around the infinity pool. The One&Only Spa entrance, hidden amongst a jungle of palm and coconut trees, will immerse guests in a world of tranquillity and peace. The thirteen newly designed treatment rooms surround the pool, with some opening onto their own private garden with outdoor showers, truly allowing guests to relax, switch off and feel revived in their very own private hideaway.

The One&Only Spa will continue its partnership with the award-winning ESPA brand, offering tailored holistic experiences, ranging from pure relaxation to unique and signature wellness journeys. Signature treatments utilising indigenous and authentic techniques, 'Only Here', will offer the ultimate experience for guests of all ages such as 'Mauritian Fusion', a poultice treatment to sooth muscular aches and pains using a Mauritian herbal blend of neem, tulsi, moringa and lemongrass, or 'Chakra Balancing' which aims to release deep seated tension and blocked energy using local mint, citronella essence and volcanic hot stones. The 120-minute 'Essence of One&Only Le Saint Géran' begins with a tropical body scrub using naturally sourced indigenous ingredients such as coconut (known on the island as the 'tree of life'), honey and sugar, reminiscent of sugarcane that can be seen throughout the island. A full-body massage with warm nourishing oils completes this journey as guests will feel the stress and tension melt away.

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The One&Only Spa will also unveil a new Bridal Suite, a secret hideaway for brides getting married at the resort. The suite is entirely designed to pamper guests from head to toe and relieve them from all tensions ahead of one of the most special moments of their lives. From a private entrance, a mini hair and make-up studio, a changing room with a large mirror for fitting the dress, to a manicure/pedicure station and a private garden with outdoor shower, this suite will be the perfect place to relax during the preparation for the most special moment of a bride's life.

Guests will also have the option of taking their wellness journey out to sea on board a beautiful vintage boat, Lady Lisbeth, for a full day experience cruising the lagoon, coast and neighbouring islands with a private skipper, butler and spa therapist. Guests will begin the day with a romantic breakfast at the resort and then be transferred to the boat where they will set sail for the day and enjoy a tailor-made massage on-board, a champagne picnic, be able to swim and snorkel in the Mauritian azure waters and enjoy watching the sun set as they sail back to the resort.

To complement ESPA, the resort has partnered with three well-known brands to complete the wellness offering; Biologique Recherche, with the best combination of advanced products for facial treatments, Harmonia by Francesc Miralles, a highly respected Chinese medicine authority and practitioner, and once again the revered podiatrist, Bastien Gonzalez. A first for Mauritius, Biologique Recherche bespoke facial treatments will be available at the One&Only Spa, and use their fragrance-free products that are all formulated with high concentrations of active ingredients derived from natural or biotechnological compounds. The Biologique Recherche 'Only for You' treatment will allow the Spa experts to diagnose each individual's Skin Instant® and then recommend products and techniques best suited. According to Biologique Recherche experts, a person has several skins whose condition changes numerous times in a single day, as well as during the course of a lifetime. Also offering anti-aging treatments and the Solar Range, a three-stage treatment programme that will help guests maximise the benefits of moderate sun exposure and avoid possible damage, One&Only Spa has the essential combination of treatments on offer.

The award-winning Harmonia method by Francesc Miralles draws on Eastern and Western philosophies and at One&Only Le Saint Géran guests will be able to book a three to ten-day package which will include personalised nutrition plans, daily follow-ups, exclusive treatments, healthy movement and lifestyle coaching. Alternatively, they will be able to experience Harmonia through an 'a la carte' menu of options that include In Harmony, Cleanse and Detox, Disconnect to Reconnect or Pure Beauty and Silky Skin. Guests can continue their wellness journey by visiting the Pedi:Mani:Cure Studio by Bastien Gonzalez and enjoy the multi-award-winning Bastien Duo, a four-hands treatment that takes care of the feet, legs, hands and arms resulting in healthy, strong and naturally shiny nails.

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The resort will also offer male guests a tailor-made spa menu, ‘Only Him’, new mums and mums-to-be have specially created treatments available with ‘Only Nurture’, couples can enjoy their own sanctuary in the Garden Pavilion, a secret tropical escape as well as enjoy treatments specially designed for two ‘Only Seclusion,’ and of course younger guests are never forgotten at One&Only with the ‘Only for the New Generation’ spa menu tailored for younger skins of 12 to 16 years old. After a day at the beach, the One&Only Hair Salon now offers guests the perfect revitalising rituals by Kérastase. Following an initial consultation, the salon’s experts will determine which products are best suited to the hair type and condition, and select the perfect treatment to ensure a complete customised experience. Of course, resident stylists are available to assist with a cut, quick blow-dry before dinner or with a complete new look.

One&Only Spa will be complemented by the completely new, and high energy Club One which will be the hub for all things active including a state-of-the-art indoor and outdoor Fitness Centre with brand new experiences for guests to enjoy, including two new studios for group classes: spinning, zumba, kick boxing, HIIT, TRX and an outdoor training area by My Equilibria. Guests will also be able to enjoy complimentary yoga and Pilates classes at the stunning new yoga pavilion. A true wellness destination, the One&Only Spa will be a haven for guests to truly reconnect body, mind and soul.

For reservations or more information, please visit [oneandonlyresorts.com](http://oneandonlyresorts.com)

**Ends**

## **About One&Only**

Created exclusively for the ultra-luxury market, One&Only is conceived as a hallmark of excellence. Set in some of the most beautiful locales in the world, each award-winning resort offers guests a distinctive style and personality borne of its local culture, a genuine hospitality and a lively energy that is unrivalled. One&Only has recently announced the expansion of the portfolio with the inclusion of Nature Resorts, Urban Resorts and Private Homes. These new experiences will complement the existing resort collection including One&Only Reethi Rah in the Maldives; One&Only Le Saint Géran in Mauritius; One&Only Royal Mirage and One&Only The Palm in Dubai; One&Only Ocean Club in The Bahamas, One&Only Palmilla in Los Cabos, Mexico, One&Only Cape Town in South Africa and Emirates One&Only Wolgan Valley in The Blue Mountains in Australia. As part of the new portfolio, One&Only has announced the opening of One&Only Nyungwe House and One&Only Gorilla’s Nest in 2018; both located in Rwanda. Other resorts in development include One&Only Portonovi in Montenegro, which will be the first property for the collection in Europe, One&Only Seef in Bahrain and two new resorts in Puerto Vallarta, Mexico, One&Only Mandarin and One&Only Santa Maria de Xala. More information on One&Only is available at [oneandonlyresorts.com](http://oneandonlyresorts.com)